

## 12 – 16 Players

## Wide Touch

**Objective** – Effectively move the ball wide and attack single defenders

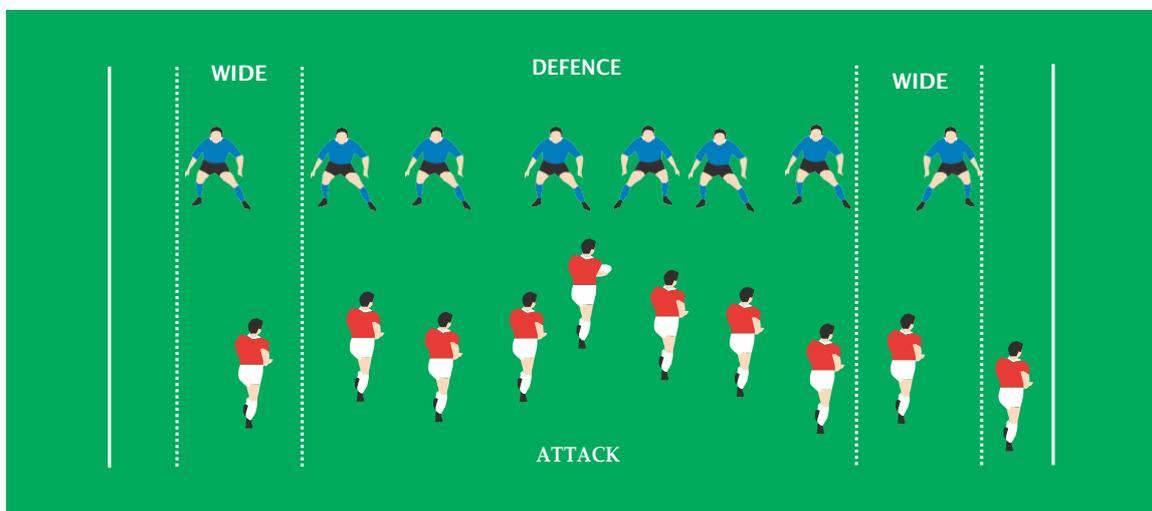
### Equipment needed:

- Balls: 2
- Cones: 1 stack
- Bibs: max 8

### Suggested time allocation:

- 10-15 minutes

### Set-up Diagram:



### How to play:

- Two wide channels between the touchline and 15 metre line.
- One large channel in between 10 attackers v 8 defenders.
- Any number of touches can occur in the wide channels, however only one touch can occur in the middle at one time.
- This means that after a touch in the middle, the ball must be moved to the wide channel or a turnover will occur.

### Coaching points/Key factors:

1. Depth and width to attack.
2. Accurate passing - play what is front - eyes up.
3. Decision-making.
4. Option runners and lines of run.

### Difficulty:

- Increase or decrease the number of defenders to either challenge players or make easier.
- Increase number of touches in the middle of pitch until players are more successful.
- Set limit on the number of steps allowed in the wide channels before playing the ball back in play.